

## CONTENT OF THE VIDEO ASSESSMENT AND TREATMENT OF THE PERIPHERAL NERVOUS SYSTEM (UPPER QUADRANT)

**DURATION 52 MIN.**



**Assessment and treatment  
of the peripheral nervous  
system (upper quadrant )**

**A short overview of  
palpation and neurodynamics of 15  
peripheral nerves of the upper quadrant**

**Prof. Dr Harry von Piekartz**

### **A The most common neurodynamic tests of the upper limbs**

1. ULNT1 (Median nerve)
2. ULNT2a (Median nerve)
3. ULNT 2b (Radial nerve)
3. ULNT 3 (Ulnar nerve)

### **B. Assessment and management of less know nerves in the upper quadrant**

1. Brachial plexus ( u.a. Side Glide)
2. Suprascapularis nerve
3. Dorsalis scapulae nerve
4. Axillary nerve
5. Musculocutaneous nerve
6. Intercostobrachialis nerve
7. Pectoralis Lateralis nerve
8. Thoracicus dorsalis nerve
9. Thoracicus longus nerve

### **C. The cervical and head region**

10. Cervical plexus
11. Occipitalis Major nerve
12. Hypoglosseus nerve
13. Accesorius nerve

## C Assessment and management principals peripheral nervous system

